J. AMBROGI FOODS

Kristy Kuts FRESH CUT PRODUCE

THE GIST

Market Report



For the Week of **November 2nd, 2026***

**Information in this report is subject to market fluctuations and may change at any time. Contact your Sales Account Specialist with any questions or concerns.*

Buyer's Bulletin



Cardoon (Artichoke Thistle)

08167 | 19 lbs

The season has started and Cardoons are in stock early for holiday menus! Cardoons are a close relative of artichokes. These tender stalks can be fried, sauteed, or baked into a variety of savory dishes.



Market News



Pear varieties and colors are great quality and are in good supply.



Oriental Yams (Yama) are in peak season and are now available.



Local Yogurts are back in stock with availability across flavors.



Green & Yellow Squash supply is readily available with prices decreasing.

J. AMBROGI FOODS

Kristy Kuts FRESH CUT PRODUCE

Market News



Strawberry & Blackberry quality is very poor and very limit. While **Raspberry & Blueberry** supply is satisfactory.



Green Bean supply is currently limited but is expected to begin improving for the Holiday.



Brussels Sprouts supply remain limited industry-wide.



Snow & Snap Peas remain extremely limited in supply with improvement not expected until mid-November.

Weekly Price Alerts

Decreasing

Yellow Squash,
Green Squash,
Tomatoes

Increasing

Asparagus,
Cucumbers,
Lettuce

Weekly Supply Changes

Increasing

Romaine,
Squash,
Lemons

Decreasing

Asparagus,
Strawberries,
Cucumbers

A Look Ahead

The Holidays are coming!
Imported Chestnuts 25lbs will be stocked in November for all your Holiday needs!



J. AMBROGI FOODS

Kristy Kuts FRESH CUT PRODUCE

Commodity Listing



	Supply			Pricing		
	Increasing	Steady	Decreasing	Decreasing	Steady	Increasing
Apples		✓			✓	
Arugula			✓		✓	
Asparagus			✓			✓
Avocados		✓		✓		
Bananas		✓			✓	
Beans - Green			✓			✓
Berries - Blackberry			✓			✓
Berries - Blueberry		✓			✓	
Berries - Raspberry		✓			✓	
Berries - Strawberry			✓			✓
Broccoli		✓			✓	
Broccolini			✓			✓
Brussels Sprouts			✓		✓	
Cabbage		✓			✓	
Carrots		✓			✓	
Cauliflower		✓			✓	
Red Cabbage		✓			✓	
Celery		✓			✓	
Cilantro		✓			✓	
Citrus - Lemons		✓				✓
Citrus - Limes		✓			✓	
Citrus - Oranges		✓			✓	
Corn		✓			✓	
Cucumbers		✓				✓
Cucumbers - Seedless		✓			✓	
Eggplant		✓			✓	
Garlic		✓			✓	
Grapes - Green			✓		✓	
Grapes - Red		✓			✓	

	Supply			Pricing		
	Increasing	Steady	Decreasing	Decreasing	Steady	Increasing
Kale		✓			✓	
Lettuce - Iceberg			✓			✓
Lettuce - Leaf Green/Red			✓			✓
Lettuce - Romaine			✓			✓
Lettuce - Spring Mix		✓			✓	
Melons - Cantaloupe		✓			✓	
Melons - Honeydew		✓			✓	
Melons - Watermelon			✓			✓
Mushrooms		✓			✓	
Onions - Green		✓			✓	
Onions - Red		✓			✓	
Onions - White		✓			✓	
Onions - Yellow		✓			✓	
Parsley		✓			✓	
Peas - Snow/Snap			✓		✓	
Peppers - Chiles	✓			✓		
Peppers - Green		✓			✓	
Peppers - Red		✓			✓	
Pineapple		✓			✓	
Potatoes - Idaho	✓			✓		
Potatoes - Red/White/Yukon	✓			✓		
Spinach			✓		✓	
Squash - Yellow		✓		✓		
Squash - Zucchini		✓		✓		
Tomatoes - Grape/Cherry			✓		✓	
Tomatoes - Roma			✓			✓
Tomatoes - Round			✓			✓
Yams		✓			✓	

**Commodity price and supply is subject to market fluctuations and may change at any time.*
Contact your Account Specialist for any questions or concerns.