

THE GIST

Market Report



For the Week of **May 25th, 2026***

**Information in this report is subject to market fluctuations and may change at any time. Contact your Sales Account Specialist with any questions or concerns.*

Buyer's Bulletin



Plum

03355 | 40-60ct

Sweet, juicy plums are available now, bringing vibrant color and balanced flavor to summer menus. Perfect for desserts, salads, cocktails, sauces, or fresh snacking, they're a versatile warm-weather favorite worth adding to the lineup.



Starfruit

09870 | 16-30ct

Starfruit is available now, bringing a tropical touch and eye-catching shaped slices to summer menus. With its crisp texture and subtly sweet, citrus-like flavor, it's perfect for garnishes, displays, cocktails, desserts, and seasonal dishes.

Market News



Romaine and Romaine Hearts are extremely limited with higher pricing. Local Romaine is available.



Eggplant supplies are very limited with higher pricing due to light supplies in the Southeast.



Blood Orange season out of California has finished. They will become available again in the fall from Australia.



Green and Red Peppers are very limited with higher pricing due to light supplies in the Southeast.

Market News



All colors of **Corn** are plentiful with good quality and lower pricing out of Florida. Transitioning to Georgia this week.



Tomato supplies continue to increase with quality improving rapidly. Pricing is dropping.



Asparagus is beginning to see an increase in supply. Pricing should begin to lower.



Mushroom pricing will increase starting in June due to rising cost of fertilizer and fuel.

Weekly Price Alerts

Decreasing

Pineapple,
Dragon Fruit,
Tomatoes,

Corn,
Asparagus

Increasing

Basil,
Avocado,
Mango,

Mushrooms,
Strawberries,
Eggplant

Weekly Supply Changes

Increasing

Carrots,
Asparagus,
Tomatoes,

Iceberg,
Broccoli,
Cauliflower

Decreasing

Romaine Hearts,
Eggplant,
Green & Red Peppers,

Brussels Sprouts,
Celery,
Anise

A Look Ahead

Local Blueberries
should be arriving by mid June.



Commodity Listing



	Supply			Pricing		
	Increasing	Steady	Decreasing	Decreasing	Steady	Increasing
Apples			✓			✓
Arugula		✓			✓	
Asparagus			✓			✓
Avocados		✓				✓
Bananas		✓			✓	
Beans - Green			✓			✓
Berries - Blackberry		✓			✓	
Berries - Blueberry		✓			✓	
Berries - Raspberry		✓			✓	
Berries - Strawberry		✓			✓	
Broccoli	✓			✓		
Broccolini		✓			✓	
Brussels Sprouts		✓			✓	
Cabbage		✓			✓	
Carrots		✓			✓	
Cauliflower		✓			✓	
Red Cabbage		✓			✓	
Celery		✓			✓	
Cilantro		✓			✓	
Citrus - Lemons		✓		✓		
Citrus - Limes		✓				✓
Citrus - Oranges			✓			✓
Corn		✓			✓	
Cucumbers		✓			✓	
Cucumbers - Seedless	✓			✓		
Eggplant		✓			✓	
Garlic		✓			✓	
Grapes - Green	✓			✓		
Grapes - Red	✓			✓		

	Supply			Pricing		
	Increasing	Steady	Decreasing	Decreasing	Steady	Increasing
Kale		✓		✓		
Lettuce - Iceberg	✓			✓		
Lettuce - Leaf Green/Red		✓			✓	
Lettuce - Romaine			✓			✓
Lettuce - Spring Mix		✓			✓	
Melons - Cantaloupe	✓			✓		
Melons - Honeydew			✓			✓
Melons - Watermelon	✓			✓		
Mushrooms		✓			✓	
Onions - Green		✓			✓	
Onions - Red		✓			✓	
Onions - White		✓			✓	
Onions - Yellow		✓			✓	
Parsley		✓			✓	
Peas - Snow/Snap		✓			✓	
Peppers - Chiles	✓			✓		
Peppers - Green			✓			✓
Peppers - Red			✓			✓
Pineapple		✓			✓	
Potatoes - Idaho	✓			✓		
Potatoes - Red/White/Yukon	✓			✓		
Spinach		✓			✓	
Squash - Yellow		✓			✓	
Squash - Zucchini		✓			✓	
Tomatoes - Grape/Cherry			✓		✓	
Tomatoes - Roma			✓			✓
Tomatoes - Round			✓			✓
Yams			✓			✓

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