

THE GIST

Market Report



For the Week of **May 18th, 2026***

**Information in this report is subject to market fluctuations and may change at any time. Contact your Sales Account Specialist with any questions or concerns.*

Buyer's Bulletin

Memorial Day Essentials



Grilling Blend
05116 | 2/5 lbs



Cabbage Slaw Mix
02128 | 2/5 lbs



Bicolor Corn
02759 | 40-48 ct



Pasture Raised Eggs
04443 | 15 DZN

Locally sourced from Sunny Harvest in Pennsylvania, these pasture raised eggs come from hens with access to large outdoor pastures (100+ sq. ft. per bird), where they forage naturally and live in open, enriched environments. This results in eggs with elevated levels of omega-3 fatty acids, vitamin A, and vitamin E.

Market News



Romaine and Romaine Hearts are extremely limited with steady to higher pricing. Local Romaine is now available.



Tomato supplies are rapidly improving and prices are falling.



Grape supplies are tightening up with pricing expected to stay on the higher side until later this month.



Green and Red Peppers are very limited.

Market News



Watermelon are plentiful with good quality.



Celery supplies remain limited with quality concerns through early June.



Asparagus supplies are improving and prices should start to come down. Local asparagus is available.



Local Mint and **Local Dill** are now available.

Weekly Price Alerts

Decreasing

Eggs,
Tomatoes,
French Bean

Increasing

Romaine,
Oranges,
Grapes

Weekly Supply Changes

Increasing

Avocado,
Local Kale,
Asparagus,
Tomatoes

Decreasing

Romaine,
Green & Red Peppers,
Grapes

A Look Ahead

Memorial Day is around the corner!

Our flyer is available with all the essentials!

In observance of Memorial Day, we will be close for deliveries on Monday, May 25th, 2026.



Commodity Listing



	Supply			Pricing		
	Increasing	Steady	Decreasing	Decreasing	Steady	Increasing
Apples			✓			✓
Arugula			✓			✓
Asparagus			✓			✓
Avocados		✓				✓
Bananas		✓			✓	
Beans - Green			✓			✓
Berries - Blackberry		✓			✓	
Berries - Blueberry	✓			✓	✓	
Berries - Raspberry		✓			✓	
Berries - Strawberry			✓			✓
Broccoli			✓			✓
Broccolini			✓			✓
Brussels Sprouts		✓			✓	
Cabbage		✓			✓	
Carrots		✓			✓	
Cauliflower			✓			✓
Red Cabbage		✓			✓	
Celery			✓			✓
Cilantro		✓			✓	
Citrus - Lemons		✓		✓		
Citrus - Limes		✓				✓
Citrus - Oranges			✓			✓
Corn	✓			✓		
Cucumbers		✓			✓	
Cucumbers - Seedless	✓			✓		
Eggplant		✓			✓	
Garlic		✓			✓	
Grapes - Green	✓			✓		
Grapes - Red	✓			✓		

	Supply			Pricing		
	Increasing	Steady	Decreasing	Decreasing	Steady	Increasing
Kale		✓		✓		
Lettuce - Iceberg			✓			✓
Lettuce - Leaf Green/Red		✓			✓	
Lettuce - Romaine			✓			✓
Lettuce - Spring Mix		✓			✓	
Melons - Cantaloupe	✓			✓		
Melons - Honeydew			✓			✓
Melons - Watermelon	✓			✓		
Mushrooms		✓			✓	
Onions - Green		✓			✓	
Onions - Red		✓			✓	
Onions - White		✓			✓	
Onions - Yellow		✓			✓	
Parsley		✓			✓	
Peas - Snow/Snap		✓			✓	
Peppers - Chiles	✓			✓		
Peppers - Green	✓			✓		
Peppers - Red	✓			✓		
Pineapple		✓			✓	
Potatoes - Idaho	✓			✓		
Potatoes - Red/White/Yukon	✓			✓		
Spinach		✓			✓	
Squash - Yellow		✓			✓	
Squash - Zucchini		✓			✓	
Tomatoes - Grape/Cherry			✓		✓	
Tomatoes - Roma			✓			✓
Tomatoes - Round			✓			✓
Yams			✓			✓

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